



# A reciprocal interaction between L-lysine and *Holdemanella biformis* modulates intestinal barrier function and anxiety in irritable bowel syndrome

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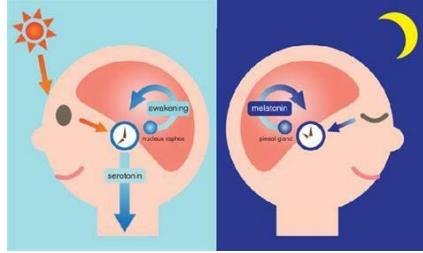
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# Introduction



**Harsh Maritime Conditions**



**Circadian Rhythm Disorder**



**Limited Food Supplies**



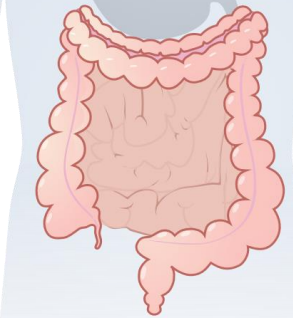
**Motion Sickness**



**Psychological Factors**



**Brain-Gut Disorders**

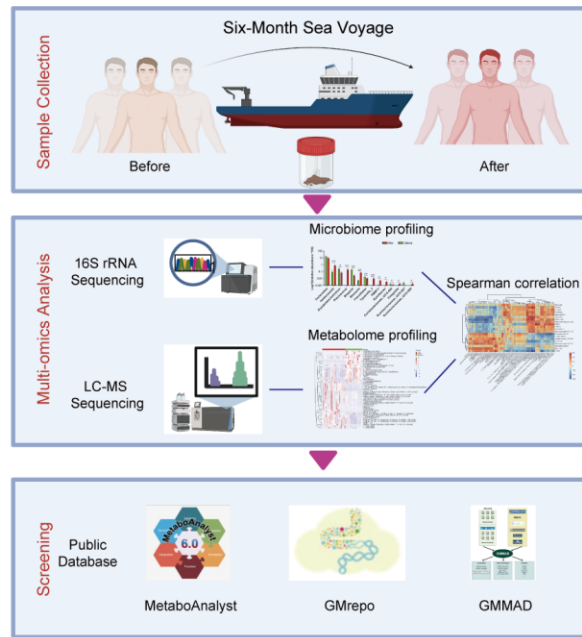


**Gut Dysbiosis**

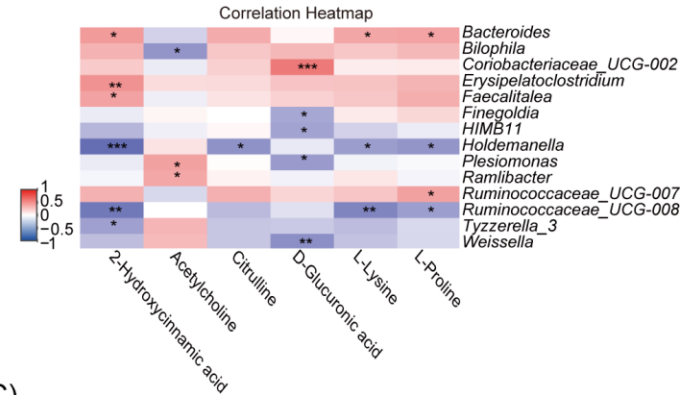


# Results

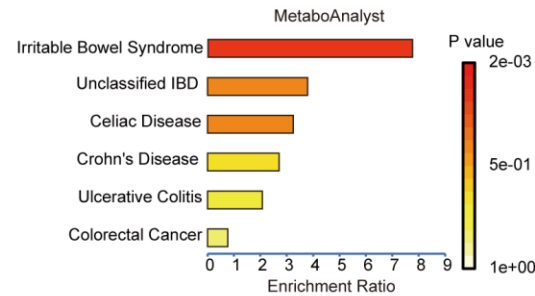
(A)



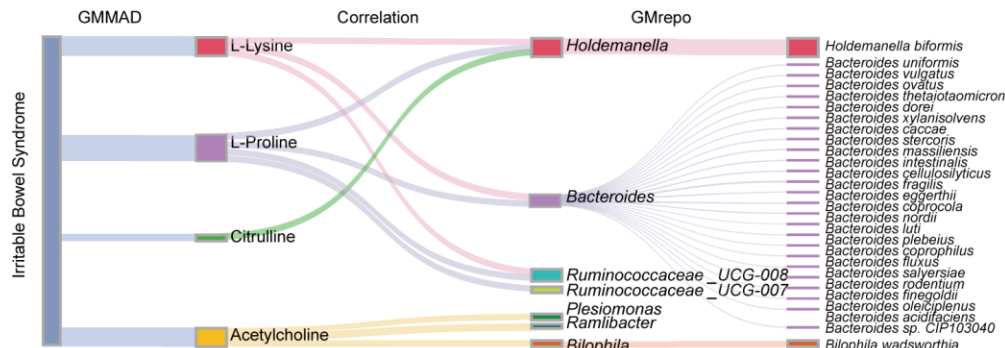
(B)



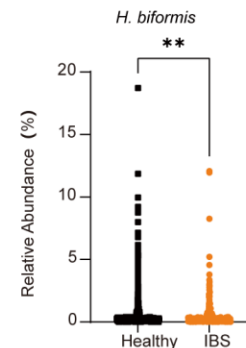
(C)



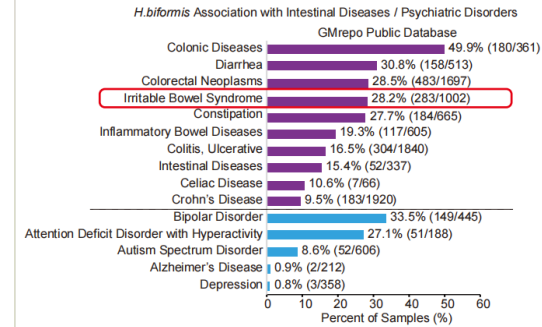
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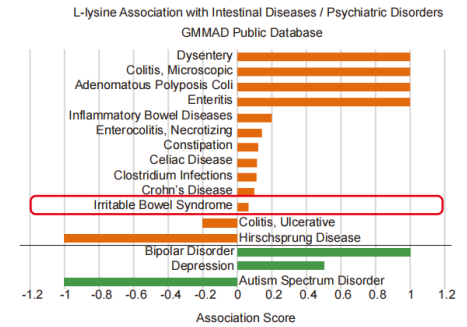
(E)



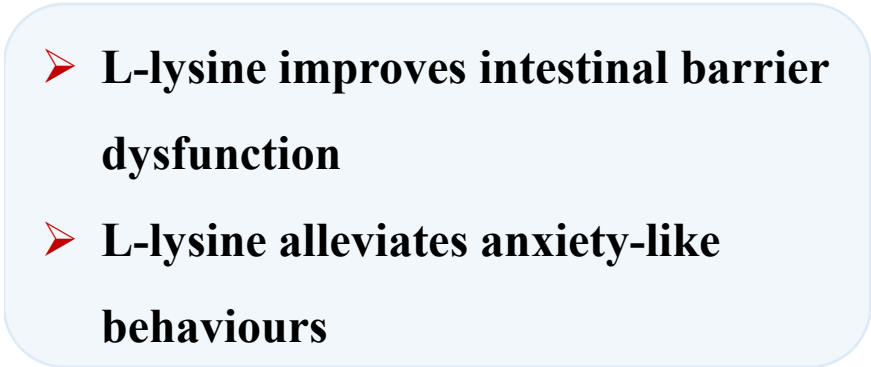
(F)



(G)



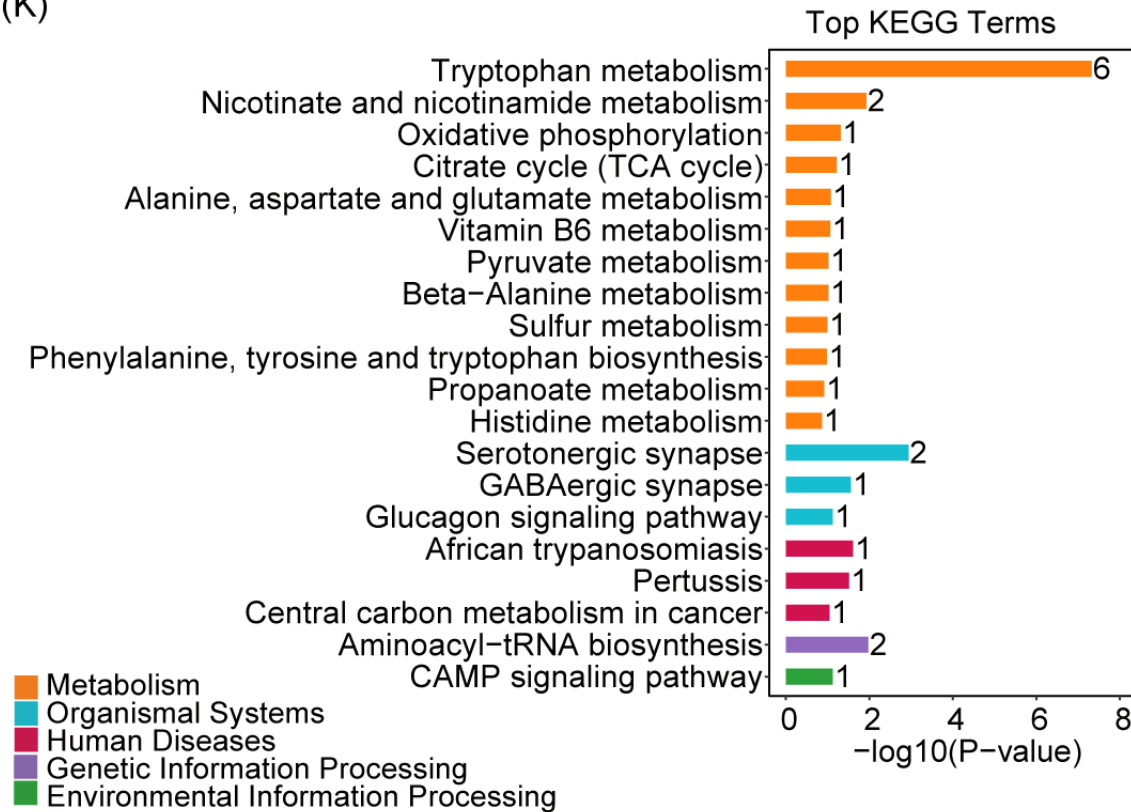
- L-lysine is negatively correlated with *H. biformis*
- Associations between L-lysine and *H. biformis* are correlated with IBS



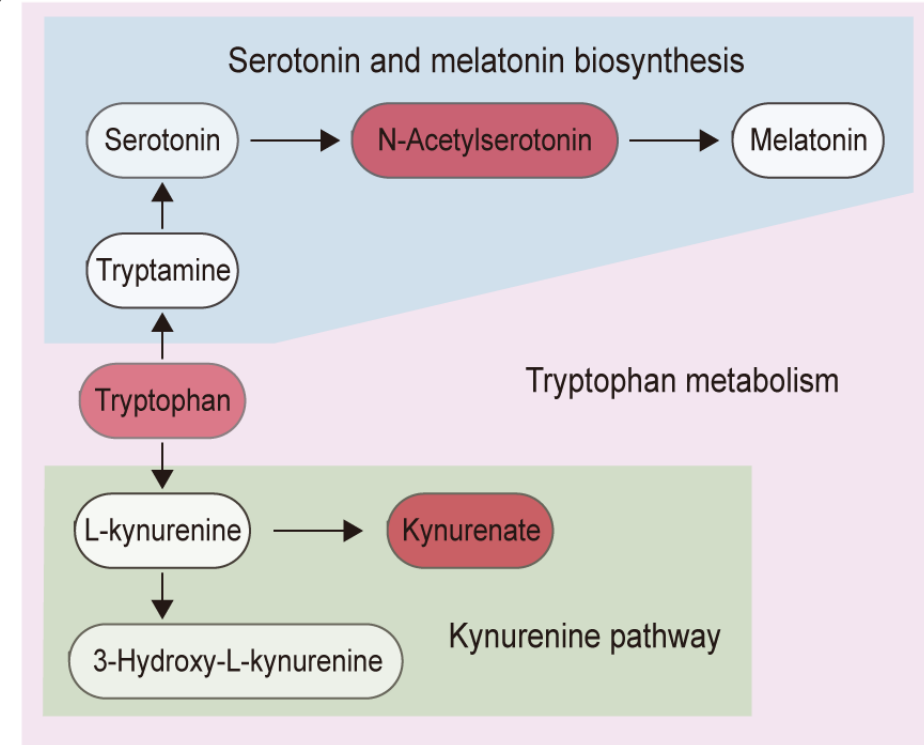


# Results

(K)



(L)

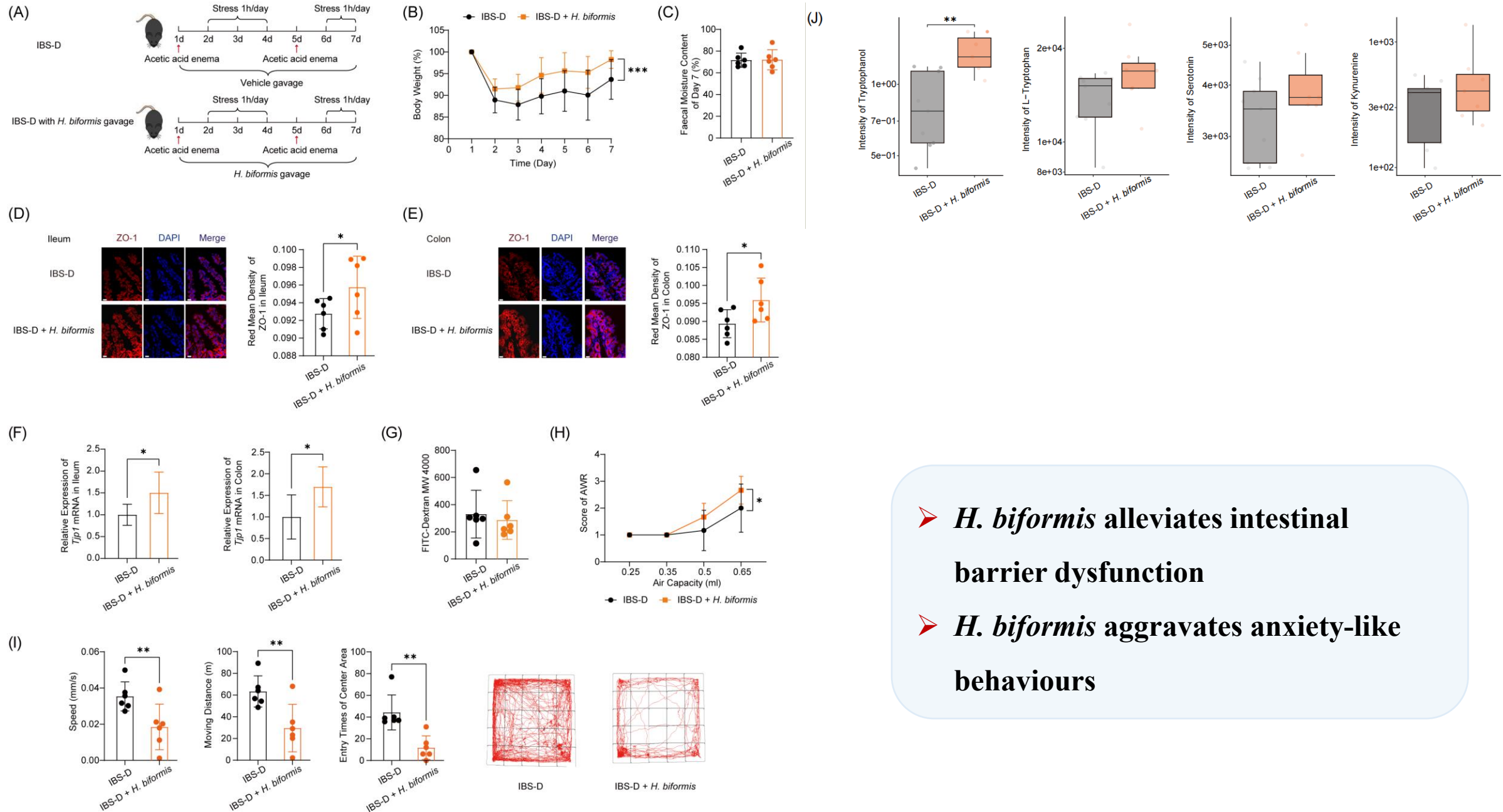


➤ **L-lysine alleviates anxiety-like behaviours, potentially via modulation of tryptophan metabolism and gut-brain axis function**





# Results

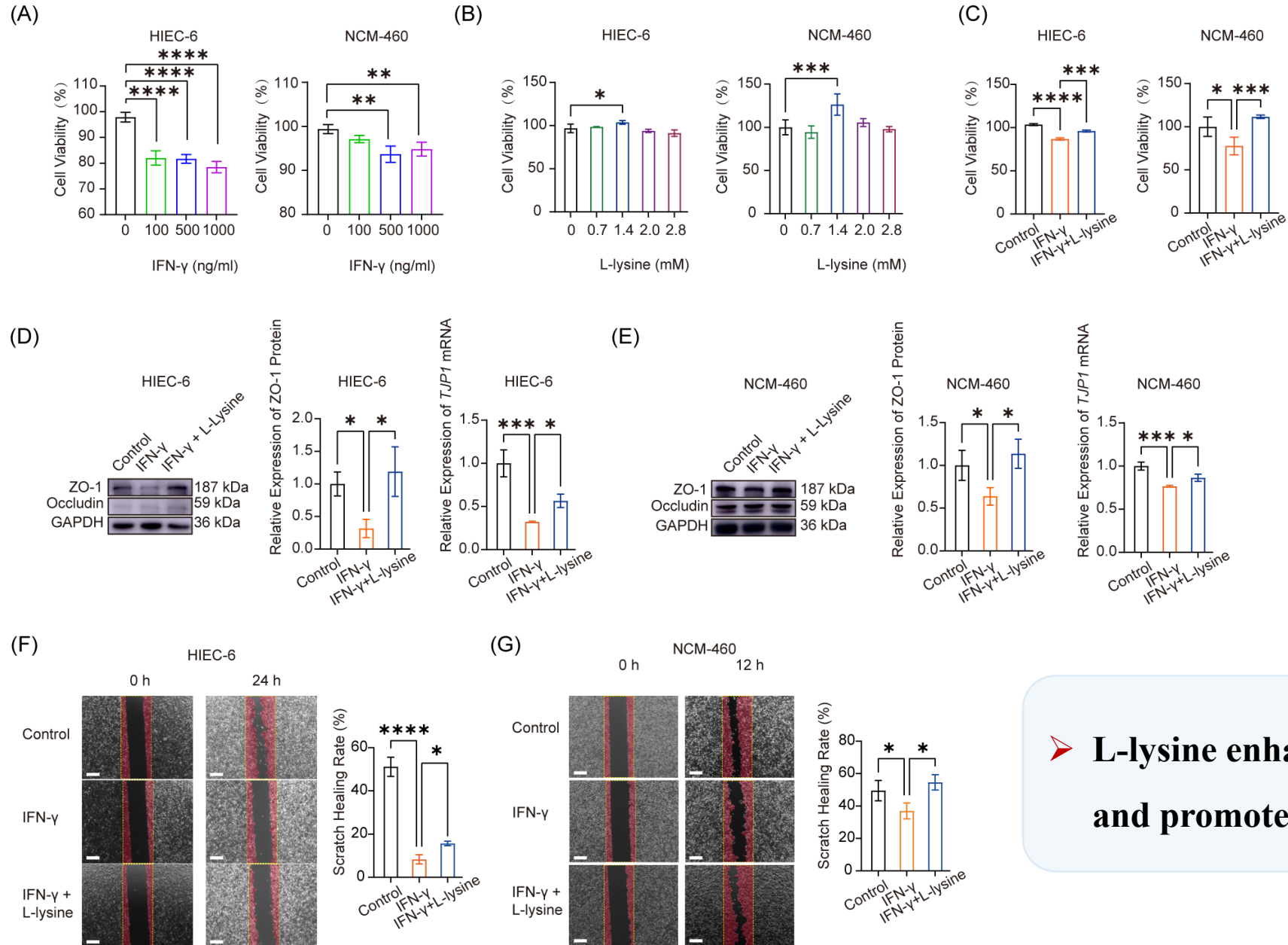


➤ *H. biformis* alleviates intestinal barrier dysfunction

➤ *H. biformis* aggravates anxiety-like behaviours



# Results

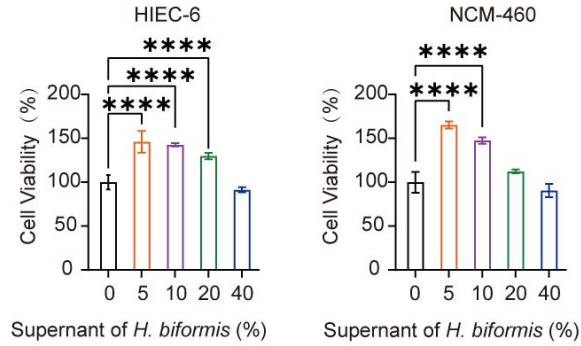


➤ **L-lysine enhance ZO-1 cell tight junctions and promote epithelial wound healing**

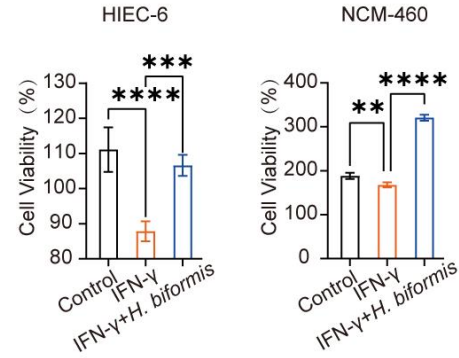


# Results

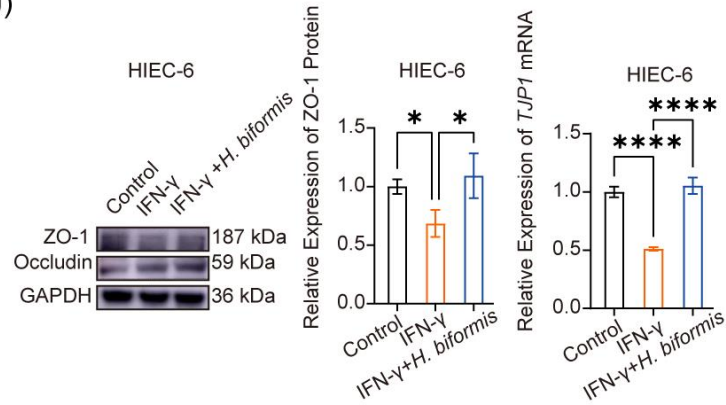
(H)



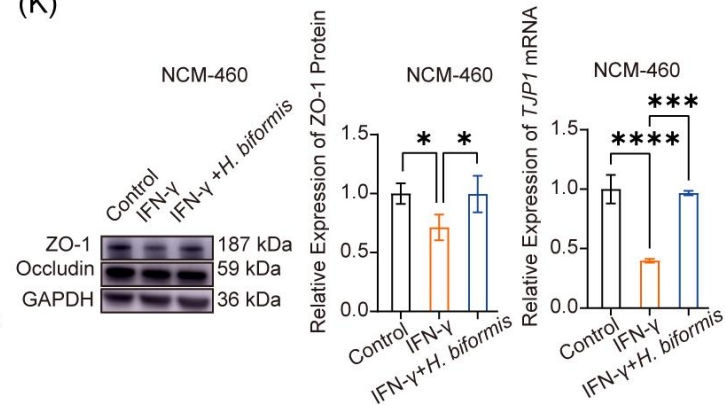
(I)



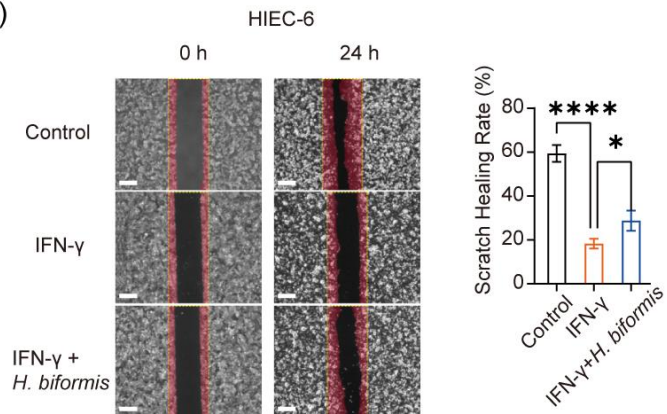
(J)



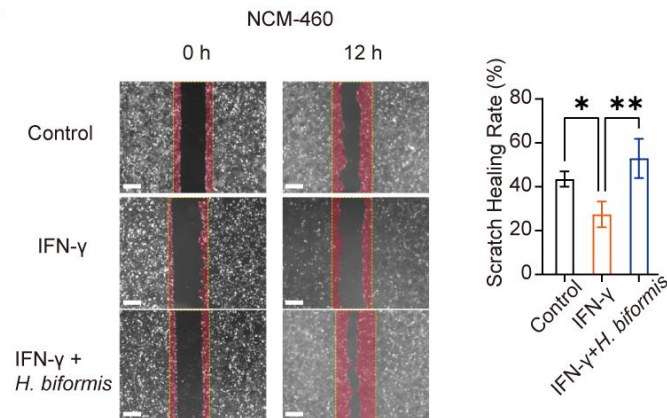
(K)



(L)



(M)



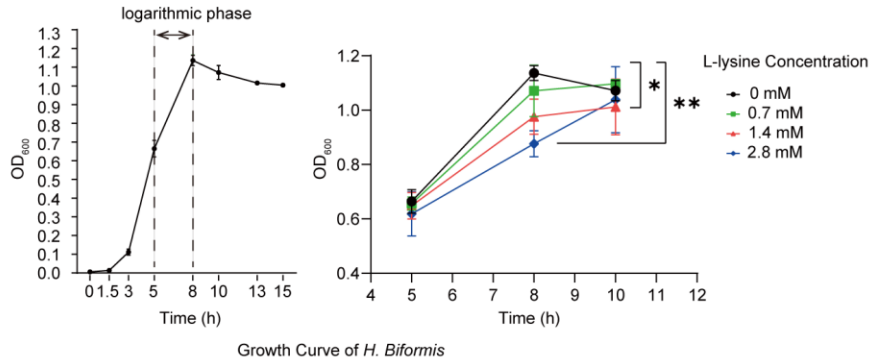
➤ *H. biformis* enhance ZO-1 cell tight junctions and promote epithelial wound healing



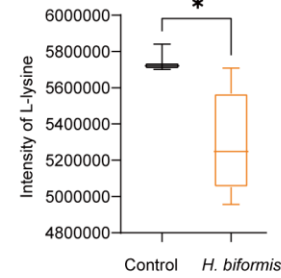


# Results

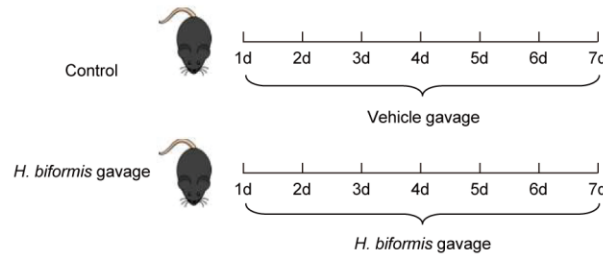
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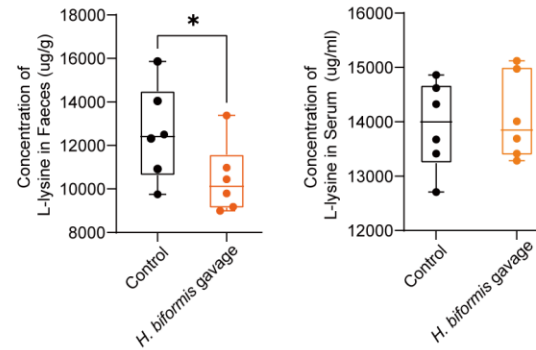
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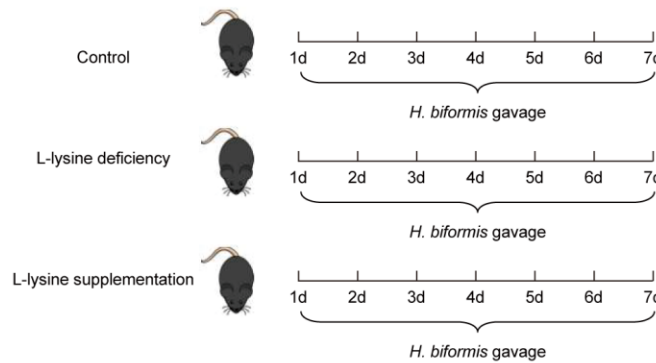
(C)



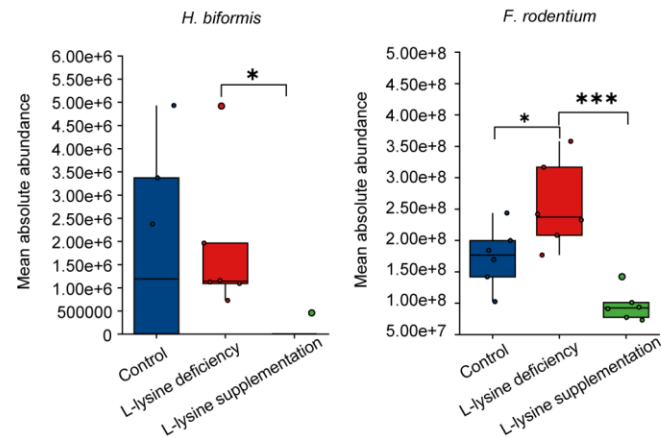
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(E)



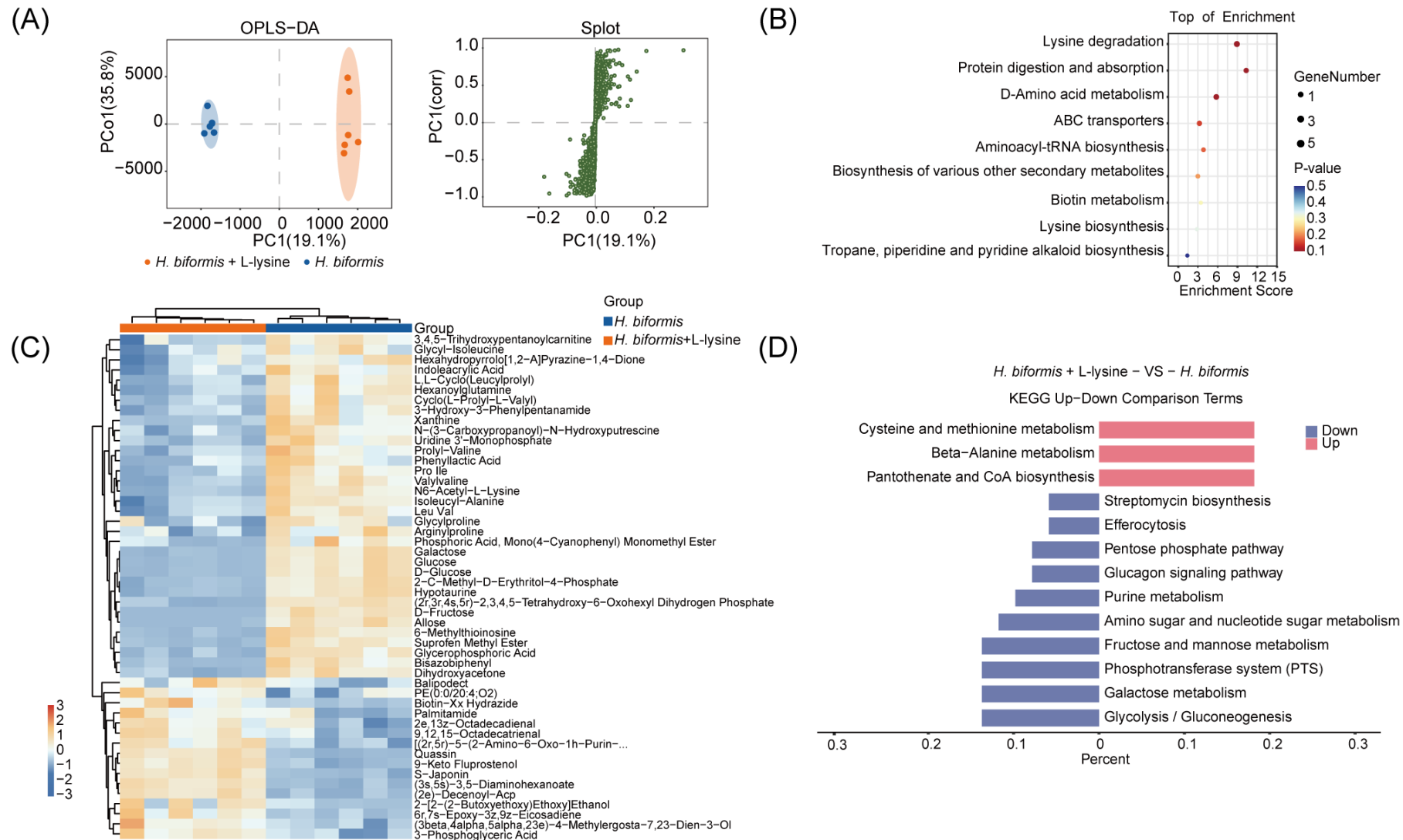
(F)



➤ *H. biformis* can metabolize L-lysine while L-lysine inhibits the growth of *H. biformis*



# Results

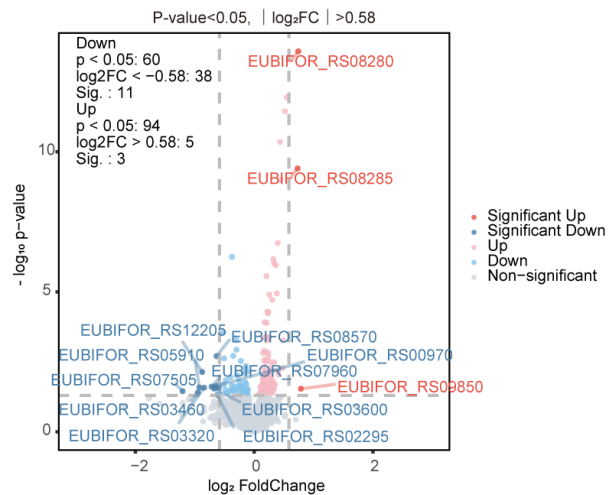


- *H. biformis* metabolizes L-lysine via the lysine degradation pathway
- L-lysine exposure led to significant downregulation of core energy-yielding processes in *H. biformis*

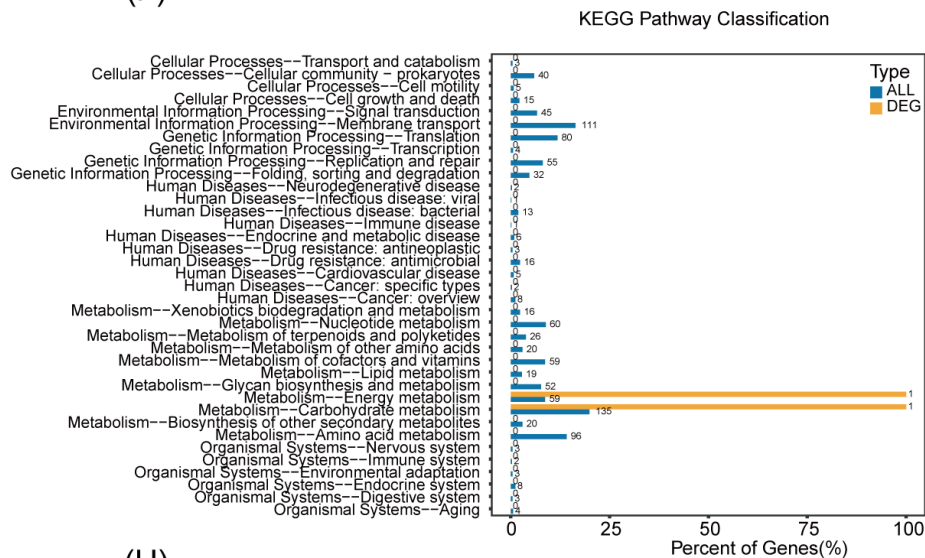


# Results

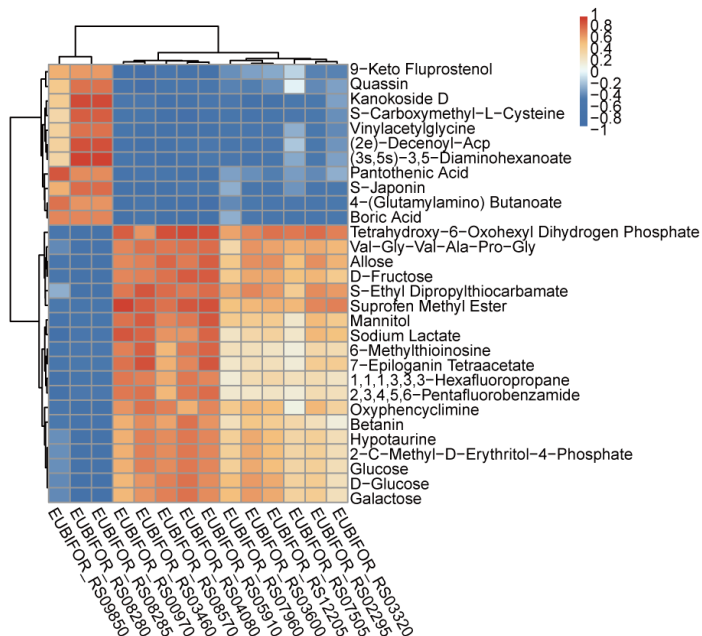
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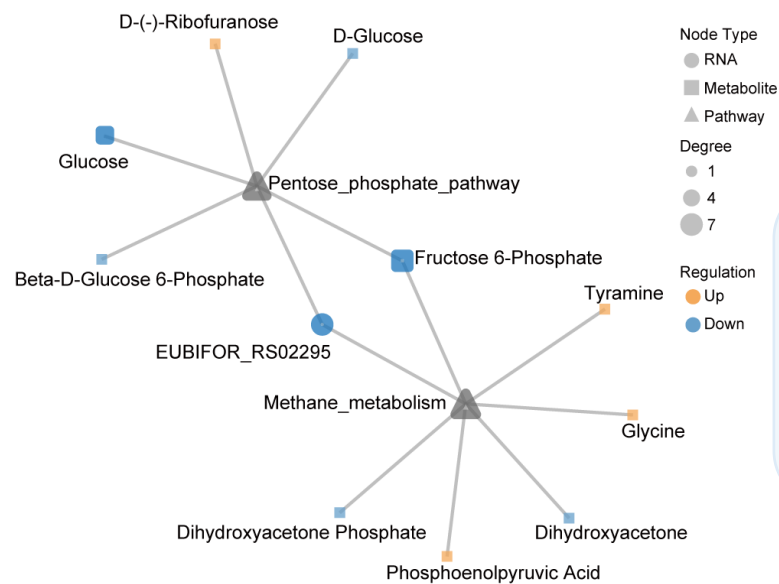
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(G)



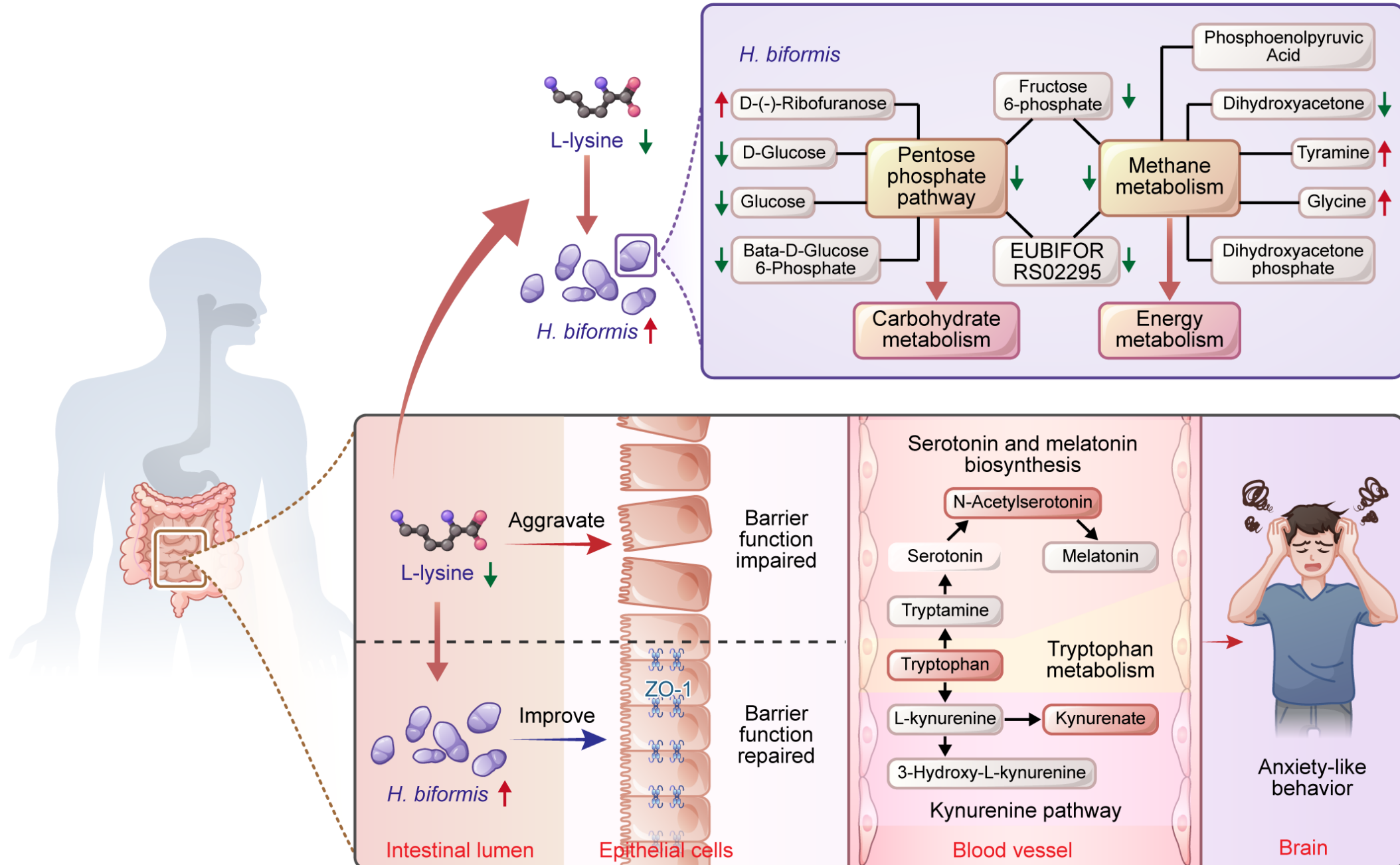
(H)



➤ **L-lysine inhibits *H. biformis* growth by downregulating carbohydrate and energy metabolism**



# Summary







# Summary

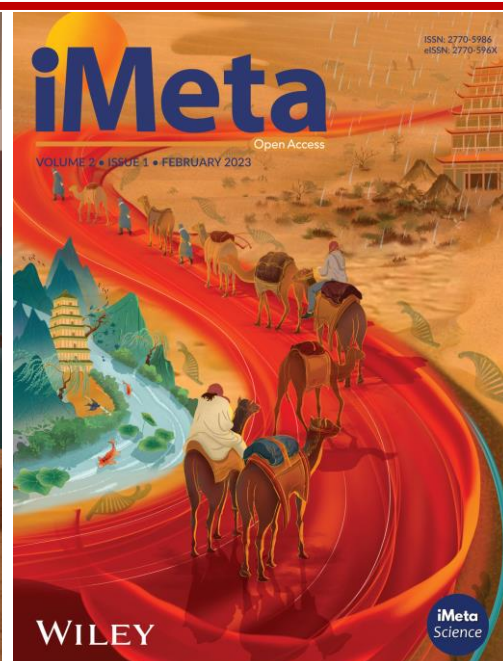
- ❑ L-lysine improves intestinal barrier dysfunction and alleviates anxiety-like behaviours by modulating the tryptophan metabolism pathway.
- ❑ *Holdemanella biformis* (*H. biformis*) enhances intestinal barrier function but exacerbates anxiety-like behaviours.
- ❑ *H. biformis* metabolizes L-lysine primarily by the lysine degradation pathway, while L-lysine inhibits *H. biformis* growth, likely through downregulation of carbohydrate and energy metabolism pathways.

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